

# News & Events

## CBA Members, Family, and Friends Enjoy Fourth Annual Summer Outing



On Sunday, June 23, over 200 CBA members, officers, and their families and friends gathered at Holiday Hill in Prospect for a day of outdoor fun and summer recreation. Attendees participated in a variety of activities such as basketball, tennis, mini golf, bingo, yard games, and a rock-climbing wall. Guests were able to enjoy swimming pools; a lake with access to canoes, kayaks, and rowboats; and a dining area where plentiful food options for breakfast and lunch were provided. The day had great weather, which allowed families to take full advantage of all the outdoor activities available.



Attendees enjoyed swimming in the two pools at Holiday Hill throughout the day, as well as access to kayaks, canoes, and rowboats which could be used on the lake.

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*CBA Membership Committee Co-Chair Kyle Labuff (Right), his guest (Left), and CBA Business Law Section Secretary Thomas Wilkeson (Center)*



*CBA Board of Governors and House of Delegates Member William F. Dezinno*



*CBA Labor & Employment Law Section Vice Chair Cindy Cieslak and her son*



*2024-2025 CBA President-Elect Emily A. Gianquinto with her family*



*CBA Civics Education Committee Co-chair Jonathan Weiner with family and friends*



*(L to R) CBA Lawyer Well-being Committee Co-chairs Tanyee Cheung and Sara Bonaiuto*

## 2024 Lawyer Well-Being Week Events

The CBA Lawyer Well-Being Committee hosted a series of free events available to CBA members during Lawyer Well-Being Week, which ran from May 6 to May 10. These events are designed to introduce legal professionals to various wellness practices for improving mental and physical health. Attendees joined several virtual events hosted over Zoom throughout the week, including a mindfulness and meditation session led by yoga practitioner Siena Loprinzi, a sound healing seminar performed by the Florida based musical duo Sam and Luci, and a presentation on how to understand your core strengths and values as well as recognize common emotional triggers.

In addition to virtual activities, Lawyer Well-Being Week also included the 2024 CBA Well-Being Summit, which took place on May 8 at the Indian Harbor Yacht Club in Greenwich. The Summit, which was held for the second year in a row, consists of a free-to-attend half day of wellness presentations focused specifically on well-being issues commonly experienced by attorneys.

The summit began with a brief welcome and meditation session led by CBA Well-Being Committee Co-Chair Tanyee Cheung. She thanked the attendees for taking time out of their professional schedules to focus on their own well-being and encouraged them to focus throughout their mediation on the concepts of resiliency, hope, and opening your heart.

Attendees at this year's event heard from Sheryl Maggipinto, a registered dietitian, about mindful eating; Dr. John Cline, a clinical psychologist, about healthy sleep habits; and Dr. Diana Gailes, a chiropractor, about workstation behavior.

**To learn more about** this year's Well-Being Week events, read our Wellness Column on page 30.



# Voices of Democracy: Law Day 2024



2023-2024 CBA President Maggie Castinado provided opening remarks at the Law Day event.



Students from Hartford Classical Magnet School participated in facilitated discussions before members of the Connecticut Appellate Court, including Chief Judge William H. Bright, Jr.; Hon. Robert W. Clark; Hon. Ingrid L. Moll; and Hon. José A. Suarez.

The CBA Civics Education Committee held its annual Law Day Celebration at the Connecticut Appellate Court in Hartford on May 2. Law Day is a national celebration held annually to celebrate the role of law in our society and to help encourage a deeper understanding of the legal profession. The theme that the American Bar Association chose for this year's Law Day was "Voices of Democracy."

Chief Judge William H. Bright, Jr. of the Connecticut Appellate Court opened this year's event, welcomed guests to the Law Day celebration, and thanked those who had organized the event's activities. Then President Maggie Castinado provided an introduction for this year's event to the attendees. "Democracy thrives on inclusivity and the free exchange of ideas, reminding us that every citizen, no matter how old or how young, has a role to play in the government of our society," stated President Castinado, reflecting on this year's Law Day theme.

Retired Superior Court Judge John Boland introduced the student program portion of the event, which consisted of three presentations from groups of students from Hartford's Classical Magnet School. The students presented different arguments to the appellate court judges regarding American's right to vote and different ways the right should be expanded and protected. The students that participated in this year's activity included: —



(L to R) Jonathan Weiner; CBA President Maggie Castinada; Dina Monaco; 2024 Ralph J. Monaco Civics Education Award recipients Uzoma Chukwarah, Danielle Kanter, Emmerson Kaye, and Mario Cavone; Daniel A. Schwartz (back); Lawrence Morizio (front); and John R. Weikart

Thomas Ahima  
Godwin Akoumani  
Rashid Appah  
Gabriella Bois  
Jada Bradley

Uzoma Chukwurah  
Sade Encarnacion  
Adrianna Jimenez  
Iryna Vasykiv  
Olivia Yotte

Following the student program, this year's Ralph J. Monaco Memorial Civics Education Awards were presented to four Connecticut High School students by Anna Monaco, the daughter of past CBA President Ralph J. Monaco, who the award was posthumously named after. During her remarks she stated, "Through this scholarship I hope that my father's legacy can continue to inspire young adults to pursue a career in law."

This year's winners of the Ralph J. Monaco Memorial Civics Education Awards were Mario Cavone of Wilton High School, Uzoma Chukwarah of Hartford's Classical Magnet School, Danielle Kanter of Fairfield Ludlowe High School, and Emmerson Kaye of Lyme-Old Lyme High School. The awards were provided to these students based on their demonstration of a significant commitment to advancing civics engagement, civics education, and/or the rule of law. Along with the award, the four students each received a \$1,000 grant.

At the end of the event, the students walked up to the state capitol where they enjoyed lunch while hearing from Special Associate Attorney General and Chief of the Division of Consumer and Constituent Affairs Sandra Arenas, who explained the duties of The Office of the Attorney General to the students.

Thank you to all those who participated in this year's Law Day celebration and congratulations to the winners of this year's Ralph J. Monaco Civics Education Awards!

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(L to R) Connecticut Supreme Court Associate Justices Nora R. Dannehy, Steven D. Ecker, Gregory T. D'Auria, Andrew J. McDonald, Raheem L. Mullins, and Joan K. Alexander.

## Welcome to the Newest Attorneys of the Connecticut Bar

On the morning of June 7, 36 new attorneys were sworn into the Connecticut Bar during a ceremony held inside the Connecticut State Library and Supreme Court Building. Connecticut Supreme Court Associate Justices Joan K. Alexander, Nora R. Dannehy, Gregory T. D'Auria, Steven D. Ecker, Andrew J. McDonald, and Raheem L. Mullins presided over the day's ceremony.

Senior Associate Justice Andrew J. McDonald provided welcome remarks for the event before Associate Justice Nora R. Dannehy gave a brief speech recognizing and congratulating the new admittees on their achievement. During her speech, she noted the need for lawyers and judges to be diverse, competent, and independent.

"Competence goes beyond knowing what the law is and applying it to the facts at hand," stated Justice Dennehy. "It includes the judgement you will exercise as attorneys and the way in which you will practice. The phrase civility comes to mind. It is imperative that you as lawyers and we as judges treat people, whether clients, lawyers on the other side of a case, or litigants who appear before the court with respect and civility."

CBA Past President and Connecticut Bar Examining Committee Member Frederic S. Ury presented the motion to admit the successful candidates to the bar. The oath of attorney was administered by Connecticut Supreme Court Chief Clerk Carl Cicchetti and the oath of commissioner of superior court

was administered by Associate Justice Gregory T. D'Auria after which each inductee individually presented themselves as attorneys before the court. At the end of the ceremony, then President Maggie Castinado provided a welcome speech to the new attorneys. "The profession of law is a calling, but with the practice of law comes an awesome responsibility," stated President Castinado. "It is a rigorous and demanding profession that expects much of you. It is a calling and the greatest opportunity to help people, to help our county, and help the world."

Following the admission of the new attorneys, all the events attendees were invited to attend a reception held in the Museum of Connecticut History, where they were able to meet with representatives from the Connecticut Bar Association Young Lawyers Section and other bar associations from across Connecticut.



Inductees took the oath of attorney and the oath of commissioner of superior court before presenting themselves as attorneys before the court.



2023-2024 CBA President Maggie Castinado provided a welcome speech to the newly admitted attorneys.

## Upcoming Education Calendar

Register at [ctbar.org/CLE](https://ctbar.org/CLE)

### SEPTEMBER

- 4 Rule of Law Conference
- 10 Cybersecurity for Lawyers ♦
- 11 First Amendment and Higher Education
- 12 Accounting for Lawyers
- 18 Intersection of Probate Court and Juvenile
- 19 VA Benefits Training
- 19 Attracting Talent and Employee Retention

25 IOLTA/Law Office Management ♦

26 1031 Exchange

### OCTOBER

24 2024 Connecticut Bankruptcy Conference ♦

25 DE&I Summit ♦

31 Federal Practice Bench/Bar

### NOVEMBER

8 Worker's Compensation Medical Conference

14 2024 FTINE ♦

21 Appellate Advocacy Institute

22 Appellate Advocacy Institute

### DECEMBER

5 Professionalism Boot Camp ♦

♦ Ethics credit available

**CLE PASS ELIGIBLE:** For more information about the CLE Pass, visit [ctbar.org/CLEPass](https://ctbar.org/CLEPass).

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